

# Preparation for Light and Darkness

## **Purpose:**

- A. Help someone understand and prepare themselves for the light and darkness study, so that studying sin doesn't take them by surprise.
- B. Help them to be open during their light and darkness study.

### **1. John 3:19-21**

- A. People love the world (darkness) more than they love Jesus (light).
- B. If you come into the light, your deeds (sins) will be exposed.
- C. Scary but a truth seeker comes into the light.

### **2. Ephesians 5:8-14**

- A. Children of light find out what pleases God. Sin is darkness and displeases God.
- B. We have all done things we're ashamed of (v.12).
- C. Light exposes everything (v. 13). **Point:** God already knows your sin, so it's important to be open with people. People help us to understand how our sin hurts God.

**Question:** If I share all of my sin with you will you be open and share all of your sin with me? (We will share our sin in the next study)

### **3. James 5:16**

- A. The reason we confess our sins to one another as disciples is to pray for one another and help each other to change.
- B. This is the only way we can be healed.

### **4. 1 John 1:5-10**

- A. Walking in darkness is being unwilling to repent of sin in your life.
- B. Walking in the light is being open with each other because we trust each other.
- C. Hiding sin is deceiving ourselves and makes God out to be a liar.
- D. God forgives confessed sin.

### **5. Homework-** you will need a dictionary.

#### **A. Galatians 5:19-21**

#### **B. 2 Timothy 3:1-5**

- C. Look up and type out definitions for each sin in these two scriptures
- D. Write an autobiography in detail of your involvement in these sins.
- E. This list is for you to keep to help you to be open in the light and darkness study, so that you can deal with all of your sin before God.